



Janeway Blood Collection: A Social Story

**Developed by third year
students, MUN Faculty of
Nursing in collaboration with**



To prepare for blood collection:
I may be told to fast before my appointment.
This means I cannot eat for a certain amount
of time, but I can drink water.

Things to bring: Requisition Form MCP Card



John Doe

123 456 789 001

Card Expires: 2011.03.31

**Date of Birth
1967.11.11**

**Gender
M**

**Valid From
2007.04.01**

Newfoundland
Labrador

HCN: _____
Province/Territory: _____ Expiry: _____
Name: _____
Date of Birth: _____ Sex: ☐ M ☐ F ☐ UN
Mailing Address: _____
City: _____ Prov/Terr: _____ Postal Code: _____
Telephone: (Indicate Preferred) ☐ Home ☐ Work
☐ Cell

Outpatient Specimen Collection Requisition

Ordering Provider's Name: _____
Clinic Name: _____
Mailing Address: _____
City: _____ Prov/Terr: _____ Postal Code: _____
Phone: (_____) _____ Fax: (_____) _____
Ordering Provider's Meditech Mnemonic: _____
Signature: _____ Date: _____

Clinic Stamp (include fax, provider and mnemonics)

EMR Clinic Mnemonic: _____
COPY TO PROVIDER

DIAGNOSIS / RELEVANT HISTORY:

HEMATOLOGY
☐ CBC (Includes automated differential)
☐ PTI INR Anticoagulant

IMMUNOHEMATOLOGY
☐ BLTYABS Type and Screen

CHEMISTRY
☐ GLUFA Glucose (Fast 8hr)
☐ GLUCO Glucose - Random (Non-fasting)
☐ GTT2H 75 gm OGTT (Fast 8hr)
☐ G1HP50GGO 50 gm Prenatal Screen (Non-fasting)
☐ GTTG 75 gm OGTT (Fast 8hr; for PRE-NATAL use)
☐ HBA1CTHB Hemoglobin A1C
☐ CR Creatinine (with eGFR)
☐ SODIU Sodium
☐ POTAS Potassium
☐ BILTO Bilirubin, Total
☐ ALT Alanine Aminotransferase
☐ CALCI Calcium (with Albumin)
☐ URATE Uric Acid
☐ PROTE Total Protein
☐ ALBUM Albumin
☐ CREKI Creatine Kinase
☐ HEPFUP ALP, ALT (Reflex AST & Total Bilirubin)
☐ LIPIDP TChol, HDL, TG, Calculated LDL, non-HDL
☐ TSH Thyroid Stimulating Hormone (Reflex fT4)
☐ CRPHS C-Reactive Protein
☐ FERRI Ferritin
☐ PSA Prostate Specific Antigen (PSA)

Frequency of Testing (For Repeat Testing): _____

THERAPEUTIC DRUG MONITORING
☐ Drug #1:
Date and Time of Last Dose: _____
Date and Time of Next Dose: _____
☐ Drug #2:
Date and Time of Last Dose: _____
Date and Time of Next Dose: _____

URINE TESTING Antibiotics: _____
☐ URINAP Urinalysis (reflex microscopic when applicable)
☐ HCGU Pregnancy Test
☐ URINC Urine Culture ☐ Symptomatic ☐ Pregnant
(Urine cultures collected from indwelling catheters will be rejected)
☐ MALCRPU Albumin/Creatinine Ratio (Microalbumin)

PRENATAL SCREENING
☐ BLTYABS Type and Screen
☐ PNS Prenatal Serology (Includes HIV, Rubella, HBSAG, Syphilis Screen)

MICROBIOLOGY
☐ HIVS HIV Screen ☐ HBSAB Hep B Immunity Screen
☐ TPALAB Syphilis Screen
☐ CTNGDP CT/NG Testing (Swab)
☐ CTNGDPU CT/NG Testing (Urine)
☐ HEPDX Hepatitis Diagnosis Panel
(HAV IgM, HBV surface Ag, anti-HBV core total, anti-HCV)

ADDITIONAL REQUESTS: (MUST BE PRINTED LEGIBLY)

Please note, some tests require an accompanying completed Special Authorization form before the test can proceed.
If you need additional information about preparing for your lab test, please contact your local Laboratory Medicine services.

*DATE & TIME OF COLLECTION: _____ INITIALS: _____

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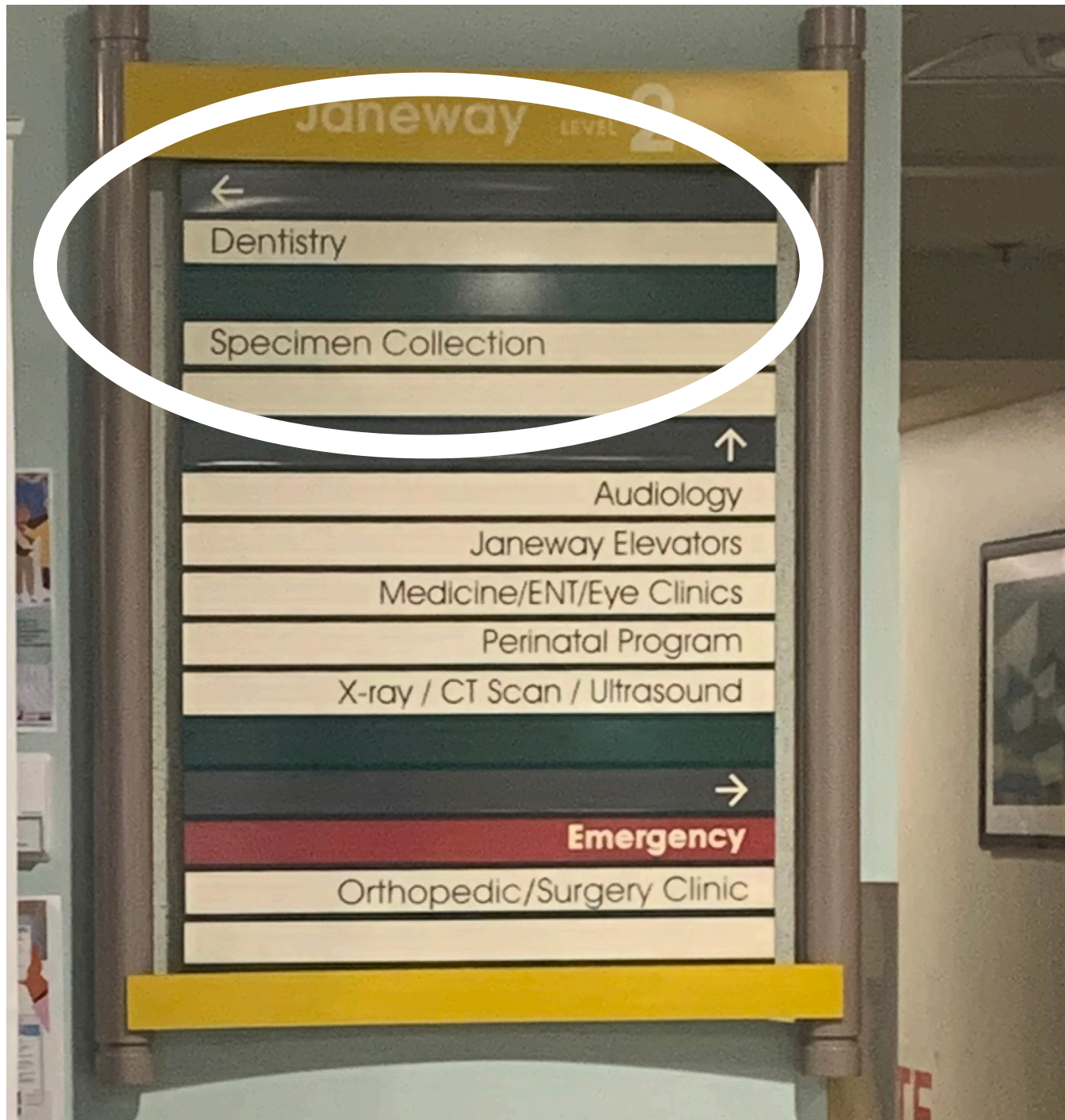
**Today I am going to the hospital
and someone will take a small
amount of my blood.**



My family/support person and I will enter through these doors.



I might need to put on a mask from the mask station.



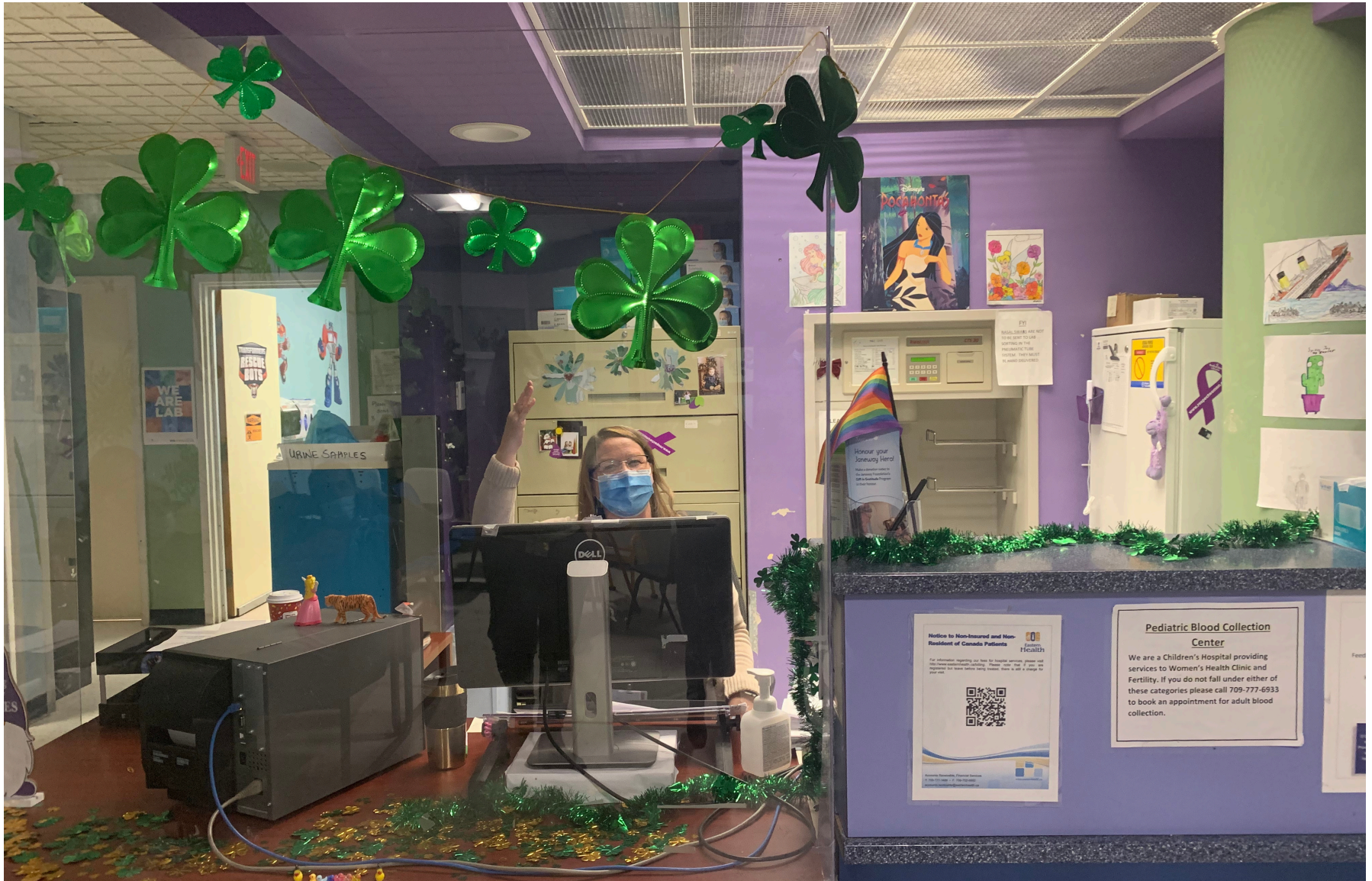
This sign shows that I need to turn left to get to “specimen collection” This is where the blood collection clinic is located.



After I turn left, I will see the blood collection sign.



I will then go through this yellow door.



I will check in at this desk. The person working behind the desk will ask me my name. We will show them my MCP card and requisition form.



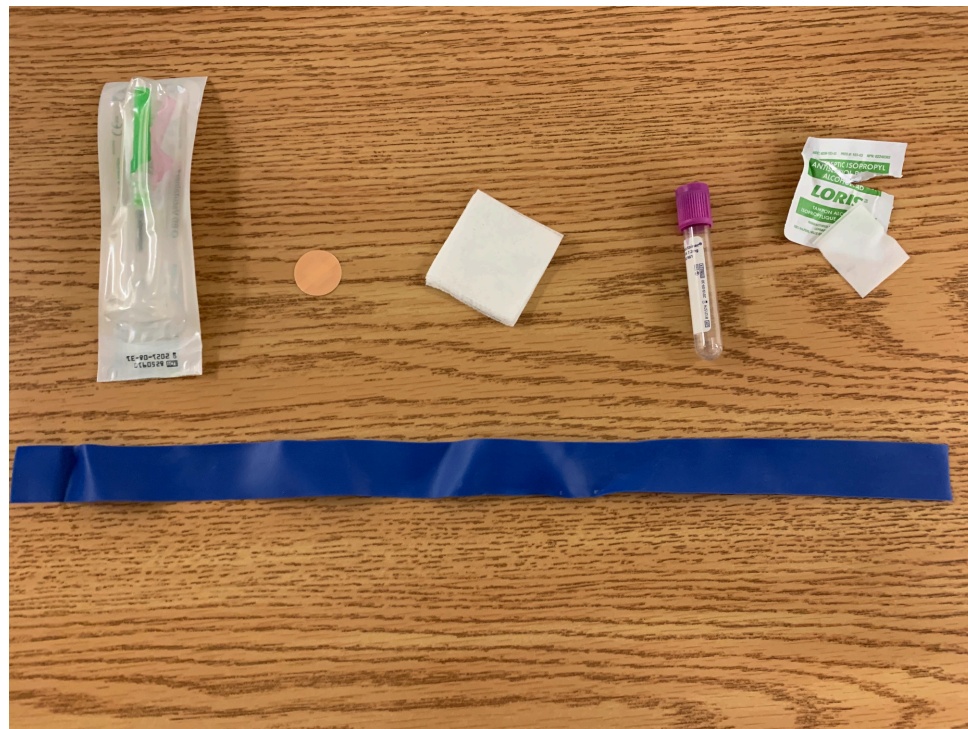
I will sit down in the waiting room. I can play with toys until my name is called. There may be other people waiting and there could be lots of different noises.



**After my name is called I will follow a
phlebotomist into another room.
“Phlebotomist” is the job title of someone
who collects blood.**



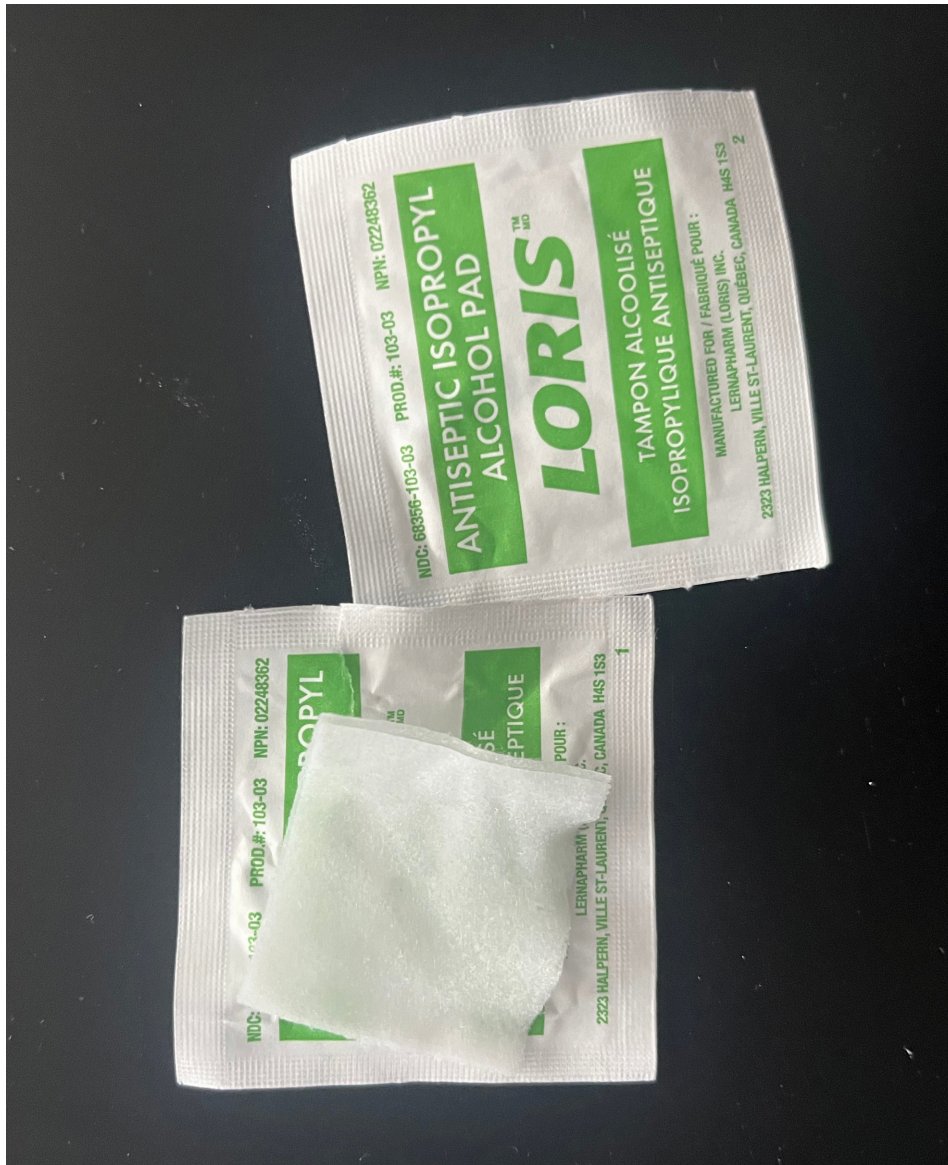
I will be asked if I want to sit in a chair or lay down on a bed.



These supplies will be used to collect my blood.



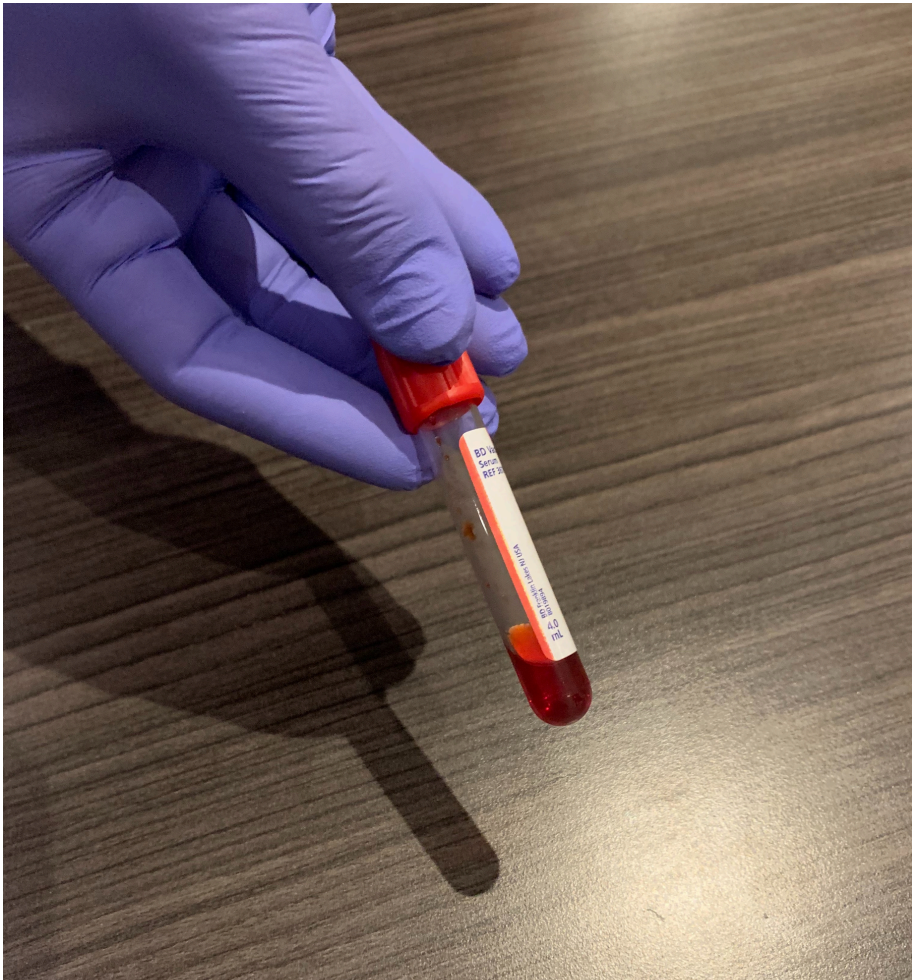
The phlebotomist will tie an elastic band around my arm. This is called a “tourniquet” and will help them find my vein. It may feel tight, but it will not hurt.



Next, the staff will use a wipe to clean my skin. It will feel cold.



The phlebotomist will ask me to stay still while they poke my skin with a needle. I will feel a sharp pinch. It may hurt but it will be over quickly.



The blood will go into a little tube. The phlebotomist may hold a piece of cotton on my arm to stop any bleeding.



When I am done I will get a band-aid. I might feel dizzy when I stand up, but that is normal. I can sit down in the waiting room until this feeling goes away.