



General Blood Collection: A Social Story

**Developed by third year
students, MUN Faculty of
Nursing in collaboration with**



To prepare for blood collection:
I may be told to fast before my appointment.
This means I cannot eat for a certain amount
of time, but I can drink water.

Things to bring: Requisition Form MCP Card



John Doe

123 456 789 001

Card Expires: 2011.03.31

**Date of Birth
1967.11.11**

**Gender
M**

**Valid From
2007.04.01**

Newfoundland Labrador

Province/Territory: _____ Expiry: _____
Name: _____
Date of Birth: _____ Sex: ☐ M ☐ F ☐ UN
Mailing Address: _____
City: _____ Prov/Terr: _____ Postal Code: _____
Telephone: (Indicate Preferred) ☐ Home ☐ Work ☐ Cell

Outpatient Specimen Collection Requisition

Ordering Provider's Name: _____
Clinic Name: _____
Mailing Address: _____
City: _____ Prov/Terr: _____ Postal Code: _____
Phone: (____) _____ Fax: (____) _____
Ordering Provider's Meditech Mnemonic: _____
Signature: _____ Date: _____

Clinic Stamp (include fax, provider and mnemonics)

EMR Clinic Mnemonic: _____
COPY TO PROVIDER

DIAGNOSIS / RELEVANT HISTORY: _____

Frequency of Testing (For Repeat Testing): _____

HEMATOLOGY
☐ CBC (Includes automated differential)
☐ PTI _____ INR _____ Anticoagulant _____

IMMUNOHEMATOLOGY
☐ BLTYABS _____ Type and Screen

CHEMISTRY
☐ GLUFA _____ Glucose (Fast 8hr)
☐ GLUCO _____ Glucose - Random (Non-fasting)
☐ GTT2H _____ 75 gm OGTT (Fast 8hr)
☐ G1HP50GGO _____ 50 gm Prenatal Screen (Non-fasting)
☐ GTTG _____ 75 gm OGTT (Fast 8hr; for PRE-NATAL use)
☐ HBA1CTHB _____ Hemoglobin A1C
☐ CR _____ Creatinine (with eGFR)
☐ SODIU _____ Sodium
☐ POTAS _____ Potassium
☐ BILTO _____ Bilirubin, Total
☐ ALT _____ Alanine Aminotransferase
☐ CALCI _____ Calcium (with Albumin)
☐ URATE _____ Uric Acid
☐ PROTE _____ Total Protein
☐ ALBUM _____ Albumin
☐ CREKI _____ Creatine Kinase
☐ HEPFUP _____ ALP, ALT (Reflex AST & Total Bilirubin)
☐ LIPIDP _____ TChol, HDL, TG, Calculated LDL, non-HDL
☐ TSH _____ Thyroid Stimulating Hormone (Reflex fT4)
☐ CRPHS _____ C-Reactive Protein
☐ FERRI _____ Ferritin
☐ PSA _____ Prostate Specific Antigen (PSA)

URINE TESTING Antibiotics: _____
☐ URINAP _____ Urinalysis (reflex microscopic when applicable)
☐ HCGU _____ Pregnancy Test
☐ URINC _____ Urine Culture ☐ Symptomatic ☐ Pregnant
(Urine cultures collected from indwelling catheters will be rejected)
☐ MALCRPU _____ Albumin/Creatinine Ratio (Microalbumin)

PRENATAL SCREENING
☐ BLTYABS _____ Type and Screen
☐ PNS _____ Prenatal Serology (Includes HIV, Rubella, HBSAG, Syphilis Screen)

MICROBIOLOGY
☐ HIVS _____ HIV Screen ☐ HBSAB _____ Hep B Immunity Screen
☐ TPALAB _____ Syphilis Screen
☐ CTNGDP _____ CT/NG Testing (Swab)
☐ CTNGDPU _____ CT/NG Testing (Urine)
☐ HEPDX _____ Hepatitis Diagnosis Panel
(HAV IgM, HBV surface Ag, anti-HBV core total, anti-HCV)

ADDITIONAL REQUESTS: (MUST BE PRINTED LEGIBLY)

Please note, some tests require an accompanying completed Special Authorization form before the test can proceed.
If you need additional information about preparing for your lab test, please contact your local Laboratory Medicine services.

*DATE & TIME OF COLLECTION: _____ INITIALS: _____

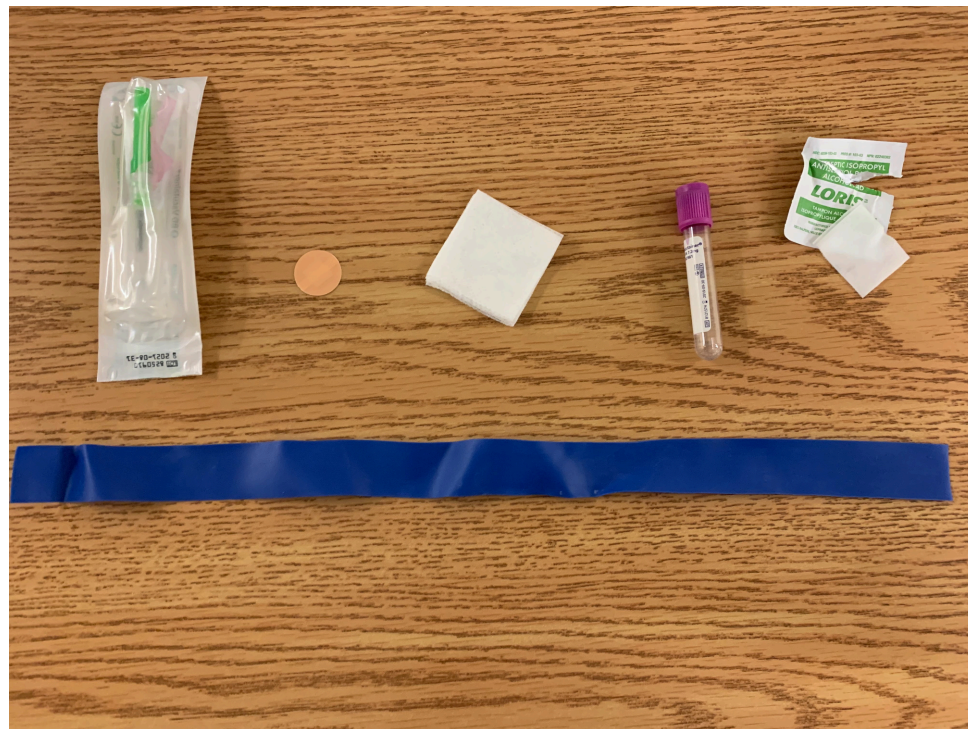
R2001.JUL18



**After my name is called I will follow a
phlebotomist into another room.
“Phlebotomist” is the job title of someone
who collects blood.**



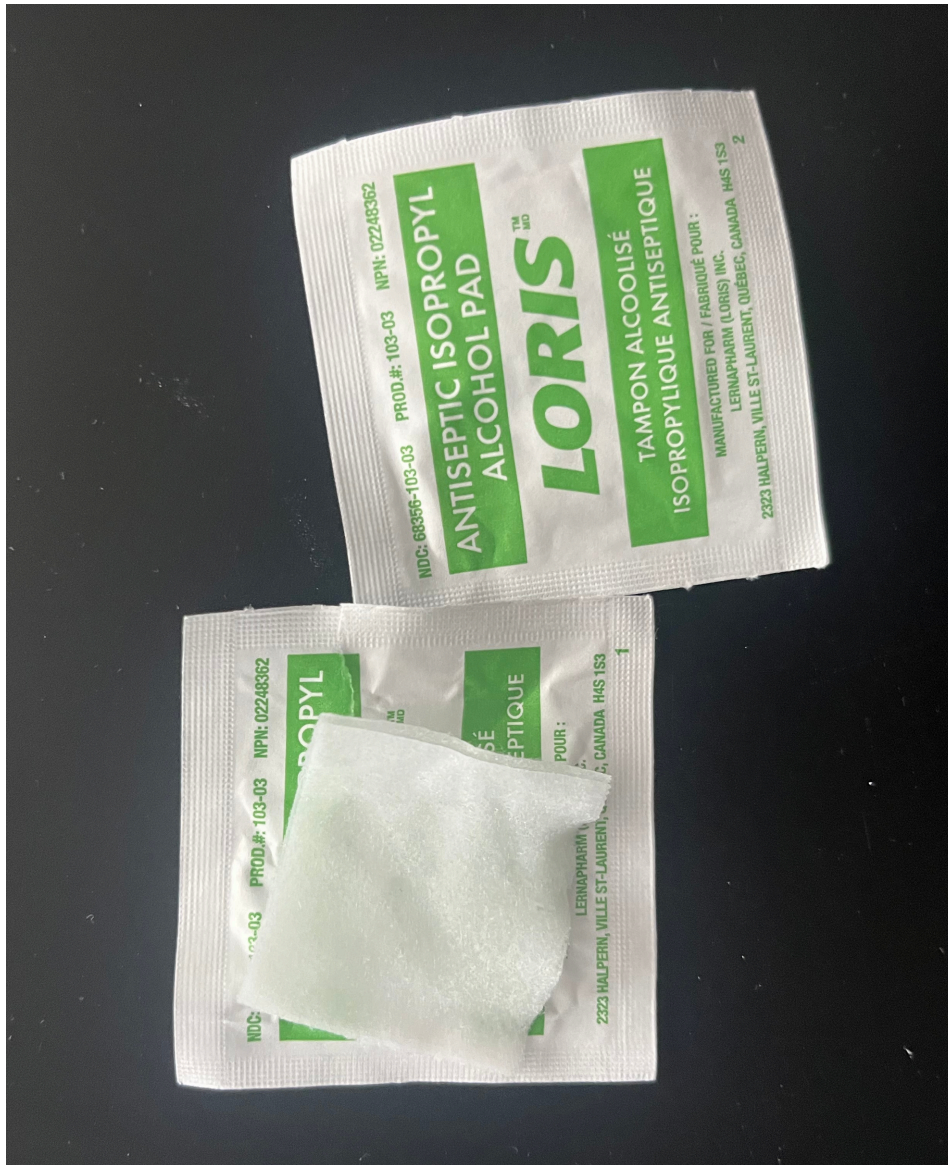
I will be asked if I want to sit in a chair or lay down on a bed.



These supplies will be used to collect my blood.



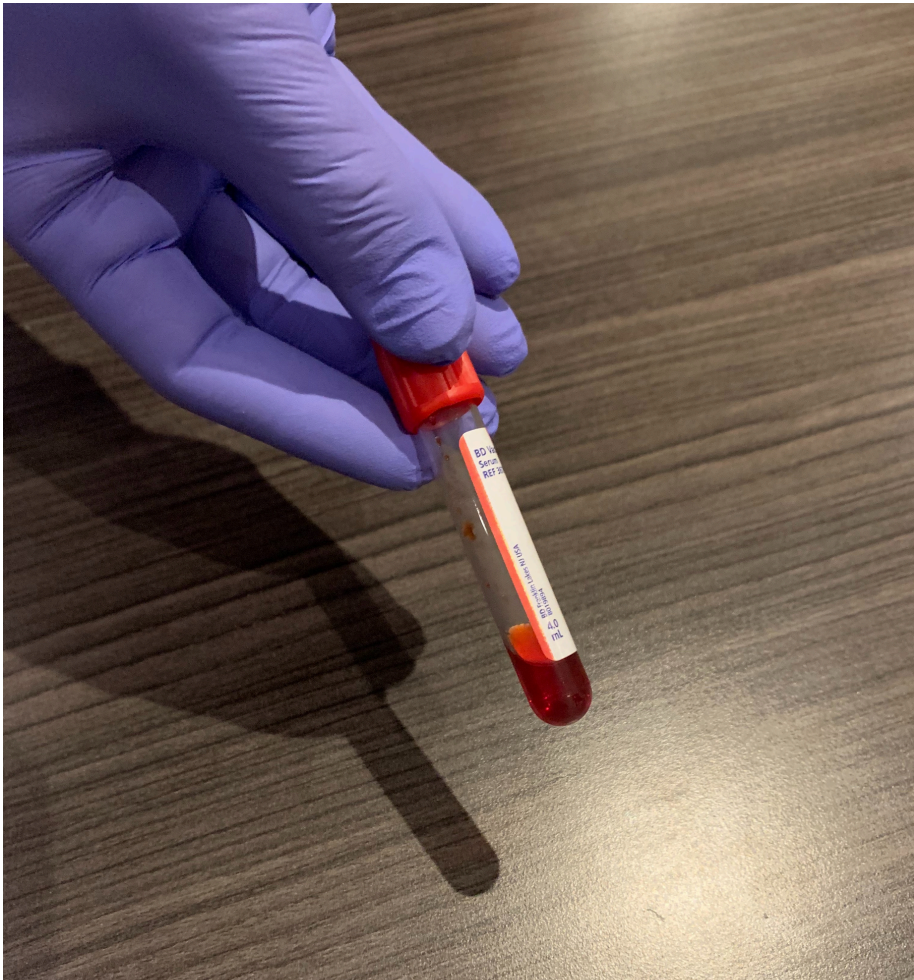
The phlebotomist will tie an elastic band around my arm. This is called a “tourniquet” and will help them find my vein. It may feel tight, but it will not hurt.



Next, the staff will use a wipe to clean my skin. It will feel cold.



The phlebotomist will ask me to stay still while they poke my skin with a needle. I will feel a sharp pinch. It may hurt but it will be over quickly.



The blood will go into a little tube. The phlebotomist may hold a piece of cotton on my arm to stop any bleeding.



When I am done I will get a band-aid. I might feel dizzy when I stand up, but that is normal. I can sit down in the waiting room until this feeling goes away.