



Getting on a plane: A Social Story





**I am getting on a plane!
I walk through the open door.**



A flight attendant will be there to greet me and help me if I need it.



There is a long aisle that I will walk down to find my seat.



**I will look at the seat
numbers to find my seat.**



I can take items onboard (book, phone, iPad, comfort item etc) in a carry on bag. I can store this bag in the overhead bin close to my seat.



If they are small enough, I can also put my items under the seat in front of me to use during the flight.



I sit in my seat and fasten my seatbelt.



There will be different buttons above my head for air, lights, fasten seatbelt signs and a small speaker for announcements.



The flight attendant will review safety procedures for the airplane.



If I have a window seat, I can look out the window or I can close it shut. It may take a little while for the plane to be ready for take off.



**When the plane is ready, the pilot will make
an announcement.**

**The plane will go very fast on the run way
and then take off.**

**I may feel some pressure in my ears.
Chewing or drinking can help.**



While in the air, the plane can move around a bit. This is called turbulence and is normal. It is the plane moving in the air outside.



**When the plane is in the sky, I may
see clouds, land, houses, cars,
rivers, lakes or the ocean.**



**There are bathrooms on the plane.
I can use the bathroom when the
seatbelt sign is off.**



When the plane is landing, I may feel some pressure in my ears.

Chewing or drinking can help.

I need to keep my seatbelt on until I am told it is safe to take it off.



When it is safe to do so, I will remove my belongings from the overhead bin. I can ask the flight attendant for help if I need it.



**On my way off the plane, I may see the door
to cockpit open. The pilots may still be in
there.**

Thanks for the great flight!